Peer Support 2015 Wind-Up
Dear Parents,

On Wednesday, Biddabah Public School completed its Peer Support program titled ‘Speaking Up’. This module aims to reduce bullying behaviours and achieve long-term cultural change within the school community. The program includes a range of strategies for all members of the school community to make a positive contribution to reducing the incidence of bullying behaviours.

We began our last lesson with a fun memory card activity in which students revised some of the key concepts learnt throughout our Peer Support sessions (e.g. The Bullying Triangle & the four types of bullying). We created a group poster before going outside and playing some fun games focused on working cooperatively.

Our Year 6 Peer Support Leaders are to be commended for their fantastic efforts this year - congratulations, Year 6!! We hope that all Biddabah students enjoyed this year’s Peer Support program and gained additional skills and strategies for dealing effectively with bullying behaviours.

Mr Harris
Peer Support Coordinator

Education Week

This is Education Week: it is a time to acknowledge the efforts and achievements of our students, our teachers, our admin staff, our parents and carers and members of our community.

In previous years teachers have separated (parents) Education Week Open Day from Grandparents Day. The reason being, both of these days are generally very well attended and we can vary the organisation between a day focusing just on parents and carers and a day where we focus on grandparents.

This term is also the term we will be holding a very professional musical performance (Museum: the Musical) and as well we would like to focus more on Bookweek (week 7). To minimize the disruption to class routines we have decided to combine the parents open day with Bookweek. We are planning to have open classrooms on the morning followed at 11.45am a K-2 book parade. Times and organisation will be confirmed. Grandparents Open Day will be in term 4.

This week has been dedicated across NSW as the week to celebrate education but at Biddabah School, every week we celebrate the working together of parents, students and teachers making our good school better not only for one week.

Ethics 2016

There has been a good response to the Ethics Survey. I would like to thank Mrs Tracy Ford for all the effort she is putting in with the school’s Ethics Coordinator: Ms Rachel Honnef to getting ethics under way in 2016.

Ethics classes are only available during scripture (SRE) time and as such are only available to children who do not attend scripture. In term 4 parents of non SRE children will be given the option to provide an ethics consent form so SRE and Ethics classes can be timetabled.

The ethics program at Biddabah will be presented by Primary Ethics, an independent, organisation who aim to provide students with the skill to consider moral and ethical issues. For more information about Ethics, refer to the Primary Ethics website primaryethics.com.au or contact Rachel Honnef.

Good for Kids good for life

Simple and inexpensive physical activity

Increasing the amount of physical activity in your child’s day is a simple and inexpensive way to improve their health and wellbeing. Being active needn’t cost a lot or take up a lot of time. Here are some fun and easy ways to include more activity in your child’s day:

- Playing games like ‘Simon Says’ or ‘Follow the leader’
- Playing with the dog
- Going for a walk
- Playing in the park
- Dancing in the lounge room
- Kicking a ball in the backyard

Encourage your kids to be creative while having fun and being active, for example:

- To make bats or racquets, roll up newspaper or use cardboard tubes
- For markers or obstacles for games, use plastic bottles, containers or shoes
- Brooms or mops can be used for hurdles or the limbo bar
- Chalk, rope or masking tape are great for game markings e.g. hopscotch, handball

If you have a backyard, make the most of it! Play hopscotch or elastics, chalk up some handball markings, create a soccer goal from bins or other backyard objects or you could put up a netball or basketball hoop.

There are lots of simple and inexpensive ways to help your kids be active every day.

Reference: Q4: The Coast in Motion - Family ACTIVation Pack

Contact: Health Hunter New England Local Health District Phone 4924 6499
Biddabah Public School does not have a Facebook page, nor does our P&C. There are a couple of private parent pages that have been established over time but we encourage our parents to contact the school with any questions and/or concerns so you can receive accurate information, direct from the source.

To ensure a place in Kindergarten next year please call in to the office or phone 4954 6058 now.

Invitations have already been sent out for our Kindergarten Information Night on Wednesday 12th August.

All parents, teachers and students should understand that peanuts, tree nuts (walnuts, cashews etc) or nut products must not be introduced to Biddabah School in any way. Even so, we do not claim to be nut free because this may lead to a false sense of security for students diagnosed at risk of anaphylaxis.

This week's popular activities include the use of a range of different highly engaging quiz games from Guess the Fake, Split Second and Logo. Children adapted these games to include all children's abilities. Also a range of creative craft items made using a variety of materials.

Give Amanda from the YMCA Biddabah OOSH a call to enrol your child in the Biddabah OOSH

Phone 0401 189 553
**Support Biddabah with the Perm's Introducer Program**

13 19 87

*Mention Biddabah School* when applying for a Newcastle Permanent home or business loan over $100,000

and Biddabah School will receive $600

*Remember Newcastle Permanent also funds the Hunter Maths Competition.*

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If you see trespassers in the school out of school hours we would appreciate a call to school security.

1300 880 021
24 Hours

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**Congratulations 100 nights of reading**

**Bronze Certificate**
Lawson Rose
Audrey Ross
Charlie Ratcliffe

**Congratulations 150 nights of reading**

**Silver Certificate**
Jarrah Brown
Olivia Bird
Egan Ford
James Gray
Eden Hilder
Anika Mistry
Samantha Woodhouse
Tom Maddison

---

**Congratulations Winners of Mathletics Certificates**

**Bronze**
Taylah Cowling
Birdget Holbrook
Harry Van Der Helm
Alexandra Cowling
Eli Hammett
Noah Mudford
Cooper Harris
Jarrah Brown
Logan Cowling
Henry Lamb
Xavier Towers
Ella Gazzard
Cooper Fitchett
Benjamin Summers
Sasha Sabotkovski
Ethan Cowling

**Silver**
Jacob Fitchett

---

**Green Plover Award congratulations**

Brylee Cavanough

Will receive a certificate at the next Friday school assembly.

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**ATHLETICS CARNIVAL**
Monday August 3
In the Library

Our author visit (for Stage 2 & 3), organised by Mrs Keogh, is next Friday (7th August).

Payments are due by next Wednesday so please, don’t miss out on this fantastic opportunity to learn from and be inspired by a published author.

Week 7 is Book Week and Friday 28th Aug will see K-2 dress up as a character from their favourite book for our Book Week Parade. A book week parade has not been held for a number of years here at Biddabah and I would love to see all K-2 students taking part in the fun. It will not be a competition and I will send a note home to our K-2 parents with details and ideas for costumes you will be able to create from your child’s existing wardrobe.

Our annual Book Fair will also be held the same day as our book week parade and all students, parents, family and friends are most welcome to visit the library from 8.30am to purchase from a huge range of new books at excellent prices. A lunch sausage sizzle (for the entire school) will also be held to cap off a fun day for our students. Notes will be sent home in the next couple of weeks with further details.

I still have some new books waiting to be covered. If anyone can assist, please call in – all help is greatly appreciated.

Mrs Freund
Teacher-Librarian

Student Banking

Congratulations to the following students for achieving a Bronze Certificate in the School Banking Program:
Rebecca Dumas

Congratulations to the following students for achieving a Silver Certificate in the School Banking Program:
Jamie Blake
Xavier Towers

Congratulations to the following students for achieving an Outstanding Certificate in the School Banking Program:
Jorja Sobb
Alessandro Perazzolo
Indy Hilder
Aidan Davis

It’s NOT OK to be Away

Please plan your Family Holidays in the School Holidays

Joke of the Week

Why was the Egyptian boy confused?

His dad was a mummy!

* This joke submitted by Xavier Allen 2M *
**In their own Write**

*Today's featured class is 1E*

Ava: My family is special because they help me with my homework.

Kaylee: I feel lucky to have my family because some people don’t have one.

Zane: My family is special because I have a loving mum and dad.

Ella: My family are the best because they are very loving.

Zoe: My family are great because we get to go to exciting places.

Alex: I have a great family because I am the only child.

Benjamin: My family are awesome because they play footy with me.

Tahlia: I love my family because they help me.

Kyan: I am lucky in my family I have a sister and she helps me.

Maddix: I think my family is special because we care about each other.

Daniel: My family is special because they take me all kinds of places.

Alexia: I love my family because they play games with me.

Maddison: My family are special because we go to Queensland every year.

Rory: My family make me feel special because they love me.

Jack: My family is special because they let me stay in my pyjamas all day.

Grace: I think my family is very special and I love them.

Olivia: I love my family because we do almost everything together.

Jake: I have a special family and I love them.

Thomas: My family is special because we love each other.

Charli: I have the most special family because they are the best.

Cambell: I have the best family because they are Rabbitohs and Tigers supporters.

Alexis: My family are special because they are always nice to me and care for me.

Riley: I have a very special family and I love them.

---

**WANTED: Barbecue Cook**

for Athletics Carnival

**contact Mrs Dutch**
Congratulations Girls, at the end of last term Holly Keeble, Lilijana Webb, Layna Cook and Emma Gulliver were lucky enough to go to Hunter trials this year. The girls travelled to Stevenson Park to play with the Hunter team, all four girls were selected to go through to the next stage.

We are very proud to have four outstanding Biddabah students to represent us in Wagga Wagga at the state Carnival. Thank you to all the parents who have supported the girls at both training on a Thursday afternoon and by travelling to trials. I’m sure Mrs Wallace will have the girls whipped into shape and ready for whatever the state carnival brings. Good Luck!

**LOST PROPERTY**

Please check the lost property box regularly.

**EXCURSIONS & PAYMENTS**

<table>
<thead>
<tr>
<th>Event</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blackbut to You</td>
<td>31st July</td>
</tr>
<tr>
<td>Musical Costumes</td>
<td>31st July</td>
</tr>
<tr>
<td>Kinder-Year 4</td>
<td></td>
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<tr>
<td>Author Visit</td>
<td>5th August</td>
</tr>
<tr>
<td>Adventure Land</td>
<td>Balance by 14th August</td>
</tr>
</tbody>
</table>

Parents are advised that no payment will be accepted after the due date unless approved by the organising teacher.

**NEXT WEEK**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Athletics Carnival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>Trivia Night</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Blackbut Visit 11.30-1.00pm Stage 2</td>
</tr>
<tr>
<td>Thursday</td>
<td>Interrelate 5W,6H,6D</td>
</tr>
<tr>
<td>Friday</td>
<td>Girls Snr Netball</td>
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<tr>
<td></td>
<td>Author Visit Louise Park</td>
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<tr>
<td></td>
<td>Assembly 2/3W</td>
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</tbody>
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**TOMORROW**

<table>
<thead>
<tr>
<th>Friday</th>
<th>School Assembly, 10.10am</th>
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<tbody>
<tr>
<td></td>
<td>Presentation by 1B, Parents Welcome</td>
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**SCHOOL DIARY**

<table>
<thead>
<tr>
<th>Wk</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>5</td>
<td>August 10</td>
<td>Interrelate (Thurs)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Assembly 2Mc (Fri)</td>
</tr>
<tr>
<td>6</td>
<td>August 17</td>
<td>SPORTS PHOTOS (Tue)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Wed (P&amp;C)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Interrelate (Thurs)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Assembly 1X (Fri)</td>
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<tr>
<td>7</td>
<td>August 24</td>
<td>School Disco (Tue)</td>
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<tr>
<td></td>
<td></td>
<td>Assembly 3C (Fri)</td>
</tr>
<tr>
<td>8</td>
<td>August 31</td>
<td>Stage 2 FOSTER CAMP (Thu-Fri)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Assembly 5G (Fri)</td>
</tr>
<tr>
<td>9</td>
<td>September 7</td>
<td>Assembly ALL KINDER (Fri)</td>
</tr>
<tr>
<td>10</td>
<td>September 14</td>
<td>P&amp;C (Wed)</td>
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<tr>
<td></td>
<td></td>
<td>PERFORMANCE (Tue-Fri)</td>
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<td></td>
<td></td>
<td>Assembly 5W (Fri)</td>
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</table>

**BOOKWEEK**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7</td>
<td>School Disco (Tue)</td>
</tr>
<tr>
<td></td>
<td>Assembly 3C (Fri)</td>
</tr>
<tr>
<td>8</td>
<td>Stage 2 FOSTER CAMP (Thu-Fri)</td>
</tr>
<tr>
<td></td>
<td>Assembly 5G (Fri)</td>
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<tr>
<td>9</td>
<td>Assembly ALL KINDER (Fri)</td>
</tr>
<tr>
<td>10</td>
<td>P&amp;C (Wed)</td>
</tr>
<tr>
<td></td>
<td>PERFORMANCE (Tue-Fri)</td>
</tr>
<tr>
<td></td>
<td>Assembly 5W (Fri)</td>
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</tbody>
</table>

**P&C News**

The next meeting of the Biddabah P&C and School Council will be at 7.30pm on Wednesday, 19 August
Canteen Roster

<table>
<thead>
<tr>
<th>Mon</th>
<th>Aug 3</th>
<th>CLOSED SPORTS CARNIVAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue</td>
<td>Aug 4</td>
<td>Shayne Wright, Mel Adams (11am), Kristy Newman</td>
</tr>
<tr>
<td>Wed</td>
<td>Aug 5</td>
<td>Louis James, Tiz Berrtaglia, Jess Majurovski</td>
</tr>
<tr>
<td>Thu</td>
<td>Aug 6</td>
<td>Louis James (9-1.30), Cheryl Brown, Kerri Ford</td>
</tr>
<tr>
<td>Fri</td>
<td>Aug 7</td>
<td>Carolyn Connelly, Sarah Patrick, Kayla Banek, Natasha Harris, Tracey Jupp, Danielle Norman, Michele Crossley</td>
</tr>
<tr>
<td>Mon</td>
<td>Aug 10</td>
<td>Ellen Williams, Louis James, Judy Maddison (10-2.30)</td>
</tr>
<tr>
<td>Tue</td>
<td>Aug 11</td>
<td>HELP NEEDED X 2</td>
</tr>
<tr>
<td>Wed</td>
<td>Aug 12</td>
<td>Louis James, Kristy Newman, Kayleen Lettice</td>
</tr>
<tr>
<td>Thu</td>
<td>Aug 13</td>
<td>Louis James (9-1.30), Mel Greaves, Courtney Lamb (9.30)</td>
</tr>
<tr>
<td>Fri</td>
<td>Aug 14</td>
<td>Rahjka Alexander, HELP NEEDED X 4</td>
</tr>
</tbody>
</table>

The canteen requires an extra helping hand on Mondays as it is getting too busy for two volunteers to run. If you can help at all, particularly from 11-2, this would be a huge support for the volunteers that are on canteen this day.

The canteen requires volunteers for Tuesday 11 and Friday 14 August. If you can help at all please let Jo, Tiz or Mel know.

Monday 3 August is the school’s sports carnival. This is being held at Macquarie Hills sports ovals. Due to no canteen facilities being available, there will be a sausage sizzle and drinks for you to purchase. If you can help at all on this day in cooking or distributing the food please let your class teacher know or advise the teachers on the day.

Friday 28 August is the Book Week parade. The school is having a sausage sizzle this day so we need as many volunteers as we can to help in cooking and distributing the food to the students and family members. There will be no lunch orders accepted this day but the children will be able to still purchase food over the counter after lunch. An order form will be sent home with the students so you can pre-order your sausage sandwich for the day. There will be a roster in the canteen for you to put your name down if you wish to help on this day.

On Wednesday 16 and Thursday 17 September Biddabah is holding the school concert. There will be a matinee and night performance on each of these days. The canteen requires the help of volunteers for both days and times. There will be a roster in the canteen where you can select which day you would like to volunteer.

If you are available to volunteer in the canteen, either for a half or full day, please contact Mel Aurisch on 0419 294 046. If you see Jo Chock or Tiz Berrtaglia at school you can also let them know.

NB Changes made to the canteen roster after Tuesday will not be reflected in the current newsletter.

Opening Hours

<table>
<thead>
<tr>
<th>Tuesday Morning</th>
<th>Thursday Morning</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30am-9.00am</td>
<td>8.30am - 9.00am</td>
</tr>
<tr>
<td>Kim West</td>
<td>Renee Shepard</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursday Afternoon</th>
<th>Every 2nd Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.30pm - 3.00pm</td>
<td>2.30pm - 3.00pm</td>
</tr>
<tr>
<td>Nicole Stone</td>
<td>Kel Paterson</td>
</tr>
</tbody>
</table>

Introducing SCHOLASTIC Book Clubs LOOP for Parents

LOOP is the Scholastic Book Clubs
Linked Online Ordering & Payment platform for parents.
To order and pay for Scholastic Book Clubs by credit card visit:

Get it on Google Play
Download on the App Store

ATHLETICS CARNIVAL  Monday August 3
BOOKCLUB
ORDERS DUE

OTHER NOTES SENT HOME THIS WEEK
Mon  Premiers Spelling Bee Stage 2
Tues Expression of interest Kinder Cranky Bear
Wed Environmental Care Vegetable Garden Working Bee

DID YOU MISS OUT?
There are still several copies of the 2012-2013-2014 Biddabah School Magazine in the office. COST $20
Reports & Photographs from:
School Sports, Academic Teams,
Student Activities & Excursions
Class Reports & Photographs

ADVERTISING COSTS
Roadside Sign in Medcalf Street
Your business can advertise on our roadside sign. Advertisers are offered one of the eight places for an annual fee of $500. If you are interested in taking up this offer, please contact the principal: Mr. Graeme Mason.

Newsletter Advertising Costs (incl. GST)

<table>
<thead>
<tr>
<th>Advertisement Type</th>
<th>Weekly Cost</th>
<th>Term Cost</th>
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<tbody>
<tr>
<td>Business Card Size</td>
<td>$14.30</td>
<td>$85.80</td>
</tr>
<tr>
<td>¼ Page</td>
<td>$25.30</td>
<td>$330.00</td>
</tr>
<tr>
<td>½ Page</td>
<td>$41.80</td>
<td></td>
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<tr>
<td>Full Page</td>
<td>$69.30</td>
<td></td>
</tr>
<tr>
<td>Distribute Your Pamphlets</td>
<td>$25.00</td>
<td></td>
</tr>
</tbody>
</table>

SPECIAL OFFER
½ Page Advertisement
1 Year
$330.00

This newsletter is produced each Thursday by the students and staff of Biddabah Public School. For further information phone 4954 6058

Subscriptions can be mailed each week for $12/term or $25/year. Contact Christine, Jessica or Julie for details.

Advertisers please contact Christine, Jessica or Julie to negotiate special rates. Parents are reminded that paid advertisements are not necessarily endorsed by the school, but they do assist with the costs of publication.

Graeme Mason
Principal
New Science Syllabus

This year a new Science syllabus has been introduced into primary schools across New South Wales. It is based on the Australian curriculum and brings a few changes to the way Science is being taught at Biddabah.

There is now a greater emphasis on the skills of Working Scientifically and Working Technologically. Working Scientifically involves asking questions, making predictions and conducting investigations to answer these questions. Working Technologically involves designing and making, to find a solution to a problem. The areas of knowledge and understanding have remained much the same, with students still learning about the natural and made environments.

This term students in Year 5 are learning about the states of matter. They are investigating the properties of solids, liquids and gases. Students designed a fair test to measure the thickness of liquids, and then tried out their ideas. They made lava lamps, describing and explaining what they saw.

Some materials are hard to classify. Is gel a liquid or a solid? What do you think?
Winter Fire Safety Checklist

FACT
Each year, the Fire and Rescue NSW attends approximately 4,500 residential fires in NSW with approximately 30% of them occurring in winter months, and 47% of fires starting in the kitchen.

IS YOUR HOME WINTER FIRE SAFE?
We recommend this simple safety checklist to help keep homes fire safe this winter. Make sure you and everyone in your household follows the following safety advice:

- Never ever leave cooking unattended. “Keep Looking When Cooking”

- Most importantly, have an adequate number of suitable smoke alarms installed throughout your home and make sure that you test them regularly.

- Make sure you and all your family know two safe ways out of every room in your home.

- Have a written home escape plan in case of fire and practice it regularly.

- If you have a fireplace in your home make sure the chimney is clean, and its properly ventilated.

- If you have a fireplace always place a screen in front of it when in use.

- Check electric blankets for damage or frayed cords before placing on the bed.

- Take care to keep curtains, tablecloths and bedding away from portable heaters.

- Keep wet clothing at least 1 metre from heaters or fireplaces and never leave unattended.

- If you use a clothes dryer make sure you clean the lint filter each and every time you use it.

- Only use one appliance per power point and switch off when not in use.

- Always extinguish candles or any other open flames before going to bed.

- Always handle candles or any other open flame with care.

- Store matches or lighters in a secure place not accessible to young children.

- Avoid the use of outdoor heating and cooking equipment inside your home. The use of this type of equipment indoors could lead to the build up of carbon Monoxide which could be fatal.

FIRE SAFETY TIPS

- Use only authorised installers of fixed heating appliances.

- If possible, in the kitchen keep a fire extinguisher and fire blanket placed near the exit.

- In Case of an Emergency Get out Stay Out and Call Triple Zero (000).
AN INVITATION TO CARERS

Do you provide care and support to another person?
You are invited to Carer Connections
Take the Opportunity to Connect with other Carers and listen to our Guest Speaker!

Carers are usually family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or who are frail aged.

Guest Speaker:

Topic:
Strengthening Changing Relationships within Caring Roles

WHERE: Kahibah Sportsclub, 63 Kenibea Avenue, Kahibah
TIME: 10.00am – 12.00pm
COST: FREE - includes Morning Tea
WHEN: Tuesday 11 August 2015
RSVP: Wednesday 5 August 2015

For more information or to Register Contact
HNE Carer Education & Support Program – Hunter

on: 4924 6146 or 1300 887 776
or Email: Educare-Admin@hnehealth.nsw.gov.au
(We ask that you RSVP for catering purposes)
13th May 2015

Dear Parents/ Caregivers

We wish to inform you of the school’s procedure regarding notes home to parents. The following points will refresh you of our standard process and hopefully alleviate further disorientation.

- Notes/Newsletters to parents are distributed through the office class mail system in which teachers hand out to their students. The eldest child in the family take home the notes unless there is a planned class, grade or stage incursion or excursion which requires individual notes for individual students.
- All incursion or excursion notes have a deadline for return of permission note and payment. This has always been the case but in the past we have not been vigilant in following the process. Due to increasing administration tasks we must now adhere to this process. All over the counter or mailbox payments must be made by the deadline, however, online payments must be made two days before the deadline to allow for the roll-over of the transaction.
- If the deadline has passed and payment is not made, the student will miss the event.
- Incursion and excursion notes are available at the office and will be placed on the school website for download.
- Upcoming events are listed in the School Diary section of the newsletter along with Other Notes Sent Home This Week.
- Upcoming events and payment deadlines are placed in a notification through the SKOOLBAG app.
- It is the responsibility of our students to take home any notes given to them.
- In the case of absence from school because of illness or family leave, the office should be notified and arrangements can be made for inclusion in the activity.
- If you are having difficulty making payment or meeting the deadline, please contact your child’s class teacher or stage supervisor and assistance can be provided.

If you have an enquiry regarding the above procedures, please channel your questions or concerns through the appropriate network. This network includes the class teacher, the stage supervisor and the principal.

Jenny Dutch
Assistant Principal
(Ages 7—12yrs)
*Hip Hop
*Funky Jazz
*Street Tap
ALL 3 classes for $17.00 TOTAL!
Be a GIRLSTAR!
Learn the coolest
dance moves to the
latest dance grooves!

(Ages 3—6yrs)
*Baby Ballerinas®
*Jumpin Jazz
*Tiny Tappers
ALL 3 classes for $14.00 TOTAL!
FUN, creative and
ergetic!
PERFECT for your
little princess!

Lake Macquarie Service Centre
FREE ROADSIDE ASSISTANCE with EVERY vehicle service
Club Evolution Vehicle Service Includes
$129
*Up to 5.5Lts of semi synthetic oil & filter
*Top up all fluid levels under the bonnet
*Wynns Engine Flush & Inject-A-Clean
*Full vehicle inspection & 21 Point safety check, with a written report
*24/7 Australia Wide Roadside assistance

Conditions: 4WD, European, Commercial & Diesels may incur an extra charge. Will not void new car warranty.

Free PICK UP & DROP OFF
within 10km of workshop for service or repairs
38 Medcalf St, WARNERS BAY 2282
Bookings Essential 02-49046020
SARAH THOMAS

Sarah’s Personal Training & Group Fitness
Warners Bay (Fairfax Rd)

Indoor & Outdoor Training Available

Low Impact Group Classes $10
Personal Training $35 (45min)
Special Personal Training Offer
2 x 45 min $50
(Must be used in the same week)
TICKETS GO ON SALE
MONDAY 10TH AUGUST

ON SALE IN THE SCHOOL LIBRARY
8.30-9.00AM & 3.00-3.30PM
CASH ONLY
LIMIT OF 6 PER FAMILY